



The following rules must be followed by all members of the club.

- 1. No jewellery of any kind are allowed whilst training or playing netball.
- 2. Wear a quality pair of netball shoes and socks.
- 3. Never play if there is any type of debris on the court.
- 4. Ensure the area around the court is clear and safe.
- 5. Spectators, loose gravel, or other obstacles could be dangerous if players wander out-of-bounds.
- 6. Check the netball net is fixed at the proper height and secured in the correct position.
- 7. Hair should be pulled back with a soft hair band no big/hard plastic clips are permitted.
- 8. No food may be consumed in the sports hall or on outdoor courts.
- 9. Drinks (appropriate for fluid replacement during strenuous activity) are permissible in non-breakable containers, but any spillages that occur in the sports hall must be reported.
- 10. Parents are welcome to stay and watch the sessions but must sit in the permitted viewing area (inside) or ensure they are away from the court boundaries (outside).
- 11. Parents must pick up students at the end of class time.
- 12. Do not interrupt the coach once the session has begun.
- 13. Do not bring sick children to training.
- 14. Do not climb on raised mats, play with ropes or try to access storage areas within the sports hall.
- 15. The netball court is a place for positive actions and communication. If you have any concerns or problems, talk ONLY with the coach at the appropriate time and place.